

SUGGESTED USE: Enjoy a P90X Peak Performance Bar as a midmorning or midday snack, or as an occasional meal replacement.

INGREDIENTS: Protein blend (soy protein isolate, calcium caseinate, soy protein crisps [soy protein isolate, tapioca starch, salt], whey protein isolate), evaporated cane juice invert syrup, yogurt flavored coating (sucrose, fractionated palm kernel oil, whey powder, nonfat dry milk powder, yogurt powder [cultured whey and nonfat milk], soy lecithin [an emulsifier], vanilla), brown rice syrup, glycerine, natural almond butter, palm oil, dried fruit blend (strawberries, raspberries), natural strawberry flavor, natural mixed berry flavor, citric acid, and sea salt. **VITAMINS AND MINERALS:** Vitamin C, natural vitamin E (d-alpha-tocopheryl acetate), niacin, iron, zinc, pantothenic acid, vitamin B6, copper, riboflavin, vitamin A, thiamin, folic acid, biotin, iodine, and vitamin B12.

ALLERGY INFORMATION: Contains soy, milk, and almonds. Made in a facility that processes peanuts, tree nuts, soy, dairy, eggs, and wheat.

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THE P90X® PEAK PERFORMANCE PROTEIN BAR IS A SMART ALTERNATIVE TO YOUR SNACK OR FAST-FOOD OPTIONS.
IT WILL NATURALLY SUPPORT YOUR FAT-LOSS GOALS WHILE DELIVERING HEALTHY FUEL TO TONE MUSCLE.



20 GRAMS OF PROTEIN

P90X®

PEAK PERFORMANCE

WILDBERRY YOGURT Flavor Protein Bar

NET WT 2.29 oz (65g)

Decide. Commit. Succeed.®

Nutrition Facts

Serv. Size: 1 Bar (65g) Amount Per Serving:

Calories 260, **Fat Cal.** 60, **Total Fat** 7g (11% DV), **Sat. Fat** 4.5g (23% DV), **Trans Fat** 0g, **Cholest.** 0mg (0% DV), **Sodium** 230mg (10% DV), **Total Carb.** 32g (11% DV), **Fiber** 0g (0% DV), **Sugars** 26g, **Protein** 20g (40% DV), **Vitamin A** (15% DV), **Vitamin C** (20% DV), **Calcium** (6% DV), **Iron** (25% DV), **Vitamin E** (20% DV), **Thiamin** (15% DV), **Riboflavin** (20% DV), **Niacin** (15% DV), **Vitamin B6** (15% DV), **Folate** (20% DV), **Vitamin B12** (15% DV), **Biotin** (15% DV), **Pantothenic Acid** (15% DV), **Phosphorus** (10% DV), **Iodine** (15% DV), **Magnesium** (2% DV), **Zinc** (20% DV), **Copper** (20% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.