

**SUGGESTED USE:** Enjoy a P90X Peak Performance Bar as a midorning or midday snack, or as an occasional meal replacement.

**INGREDIENTS:** Beachbody® protein blend (soy protein isolate, whey protein concentrate), dates, dried apples, coating (sugar, fractionated palm kernel oil, cocoa powder, nonfat milk powder, soy lecithin, natural vanilla flavor), raisins, rolled oats, soybean oil, dextrose, dextrin, soy rice crisps (rice flour, soy flour, soy protein isolate, sugar, malt extract, cocoa, salt), fructooligosaccharides (natural extract of chicory root), dried blueberries, glycerine, dried cranberries, soy lecithin, rice bran, natural flavor. **MINERALS AND VITAMINS:** Dicalcium phosphate, magnesium oxide, ascorbic acid, vitamin E (dl alpha tocopheryl acetate), ferrous fumarate, niacinamide, zinc oxide, biotin, calcium pantothenate, vitamin A palmitate, manganese sulfate, prytonadione (vitamin K), pyridoxine HCl, riboflavin, thiamine mononitrate, cupric oxide, folic acid, cyanocobalamin (B12), potassium iodide.

**ALLERGY INFORMATION:** Contains soy and milk ingredients. Made in a facility that processes peanuts, tree nuts, wheat, and seeds.

**NOTE:** Contains natural whole food ingredients, which may include fruit seeds and small pit fragments.

© 2008 Beachbody. All rights reserved. Distributed by Product Partners, LLC, Beverly Hills, CA 90211

Product Partners, LLC, is the owner of P90X, Beachbody, Team Beachbody, *Decide. Commit. Succeed.*, and all related designs and trademarks.

If you are a member of the Team Beachbody™ community, contact your Coach for information and support or log in at TeamBeachbody.com.

For Beachbody and Team Beachbody Customer Service, please call 1 (800) 818-5174 or go to Beachbody.com.



THE P90X® PEAK PERFORMANCE PROTEIN BAR IS A SMART ALTERNATIVE TO YOUR SNACK OR FAST-FOOD OPTIONS. IT WILL NATURALLY SUPPORT YOUR FAT-LOSS GOALS WHILE DELIVERING HEALTHY FUEL TO TONE MUSCLE.

**18 GRAMS OF PROTEIN**

# P90X®

## PEAK PERFORMANCE

**WILDBERRY Protein Bar**

**Decide. Commit. Succeed.®**

**NET WT. 2.54 oz (72g)**

### Nutrition Facts

Serving Size 1 Bar (72g) Servings Per Container 1

Amount per serving

**Calories 260** Calories from Fat **50**

	% Daily Value*	
<b>Total Fat</b>	6g	9%
<b>Saturated Fat</b>	3g	15%
<b>Trans Fat</b>	0g	
<b>Polyunsaturated Fat</b>	0.5g	
<b>Monounsaturated Fat</b>	1.5g	
<b>Cholesterol</b>	10mg	3%
<b>Sodium</b>	40mg	2%
<b>Potassium</b>	180mg	5%
<b>Total Carbohydrate</b>	37g	12%
<b>Dietary Fiber</b>	4g	16%
<b>Sugars</b>	25g	
<b>Protein</b>	18g	36%

Vitamin A	15%	Vitamin C	35%
Calcium	6%	Iron	10%
Vitamin E	35%	Vitamin K	8%
Thiamin	10%	Riboflavin	15%
Niacin	10%	Vitamin B6	10%
Folate	8%	Vitamin B12	10%
Biotin	8%	Pantothenic Acid	10%
Phosphorus	10%	Iodine	8%
Magnesium	6%	Zinc	15%
Selenium	8%	Copper	10%
Manganese	10%	Chromium	8%
Molybdenum	8%		

Calories:	2,000	2,500
<b>Total Fat</b>	Less Than 65g	80g
<b>Saturated Fat</b>	Less Than 20g	25g
<b>Cholesterol</b>	Less Than 300mg	300mg
<b>Sodium</b>	Less Than 2,400mg	2,400mg
<b>Potassium</b>	3,500mg	3,500mg
<b>Total Carbohydrate</b>	300g	375g
<b>Dietary Fiber</b>	25g	30g
<b>Protein</b>	50g	60g

Calories per gram:  
Fat 9 • Carbohydrates 4 • Protein 4

\*Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

BEST BY: