

DIRECTIONS: For best results, mix 1 level scoop with 8 ounces of cold water 3 times daily (e.g., morning, afternoon, and evening). To eliminate lumps, mix in a blender.

STORAGE: Keep tightly closed in a cool, dry place.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

WARNING: Consult with a healthcare professional if pregnant, breast feeding, providing to a child, or if you have any other unique or special needs. Keep out of reach of children.

ALLERGY INFORMATION: Contains milk- and soy-based ingredients.

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SSLBL 302 / SUPFSV 02 Rev. 02/18/09

vanilla flavored

2-Day Fast Formula®



- 2-day cleansing fast*
- Fast and safe weight loss*
- Great taste!

**WEIGHT
management**

NET WT 6.42 OZ (182 G)

NUTRITIONAL SHAKE MIX

Nutrition Facts

Serving Size 1 Scoop (28 g)
Servings Per Container 6.5

Amount Per Serving

Calories 110 **Calories from Fat 10**

% Daily Value**

Total Fat 1 g	2%
Saturated Fat 0 g	0%
Cholesterol 0 mg	0%
Sodium 38 mg	1.6%
Potassium 287 mg	8%
Total Carbohydrate 19 g	6%
Dietary Fiber <1 g	<3%
Sugars 16 g	†
Protein 5 g	10%

Vitamin A	15%	Vitamin C	30%	Vitamin D	25%
Vitamin E	100%	Vitamin K	25%	Thiamine	67%
Riboflavin	20%	Niacin	35%	Vitamin B6	33%
Folate	25%	Vitamin B12	50%	Biotin	10%
Pantothenic Acid	25%	Calcium	15%	Iron	35%
Phosphorous	14%	Iodine	49%	Magnesium	26%
Zinc	40%	Copper	63%	Manganese	21%
Molybdenum	50%				

INGREDIENTS: Fructose, whey protein isolate, maltodextrin, soy protein isolate, soybean oil, guar gum, lecithin, potassium chloride, natural and artificial flavors, dicalcium phosphate, magnesium oxide, dl-alpha tocopheryl acetate, ferrous fumarate, sodium ascorbate, kelp, zinc oxide, niacinamide, copper citrate, biotin, calcium-d-pantothenate, phytonadione, manganese sulfate, thiamine mononitrate, pyridoxine HCl, riboflavin, cyanocobalamin, vitamin A palmitate, vitamin D, folic acid, and sodium molybdate.

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

† Daily Value (DV) not established

	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat. Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g
Calories per gram:			
Fat	9	Carbohydrate	4
		Protein	4